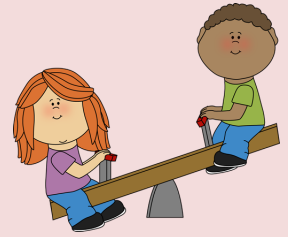


Family Support Network Lismore

invites you to attend a
free group session :



Thoughtful Parenting

Based on material by the Australian Childhood Foundation

- what is parenting about today?
- How do you tune into your child?
- Balancing expectations with your child's needs
 - How do you enjoy your child?
 - parenting brothers and sisters
- your child's brain development and more



When : Monday 1. March

Time: 10 am to 12.30 pm.

Where : Family Support Network
41 Wilson Street South Lismore

Limited spaces , to book a place please call FSN on 66212489.