

What's on in Term 3, 2021 at Family Support Network

Nimbin Playgroup with Caz

Wednesday 1pm to 3 pm during school term.

Free to attend

Building E, Lilly Pilly Place, 81 Cullen Street.

Car park in Sibley Street.

Phone 66212489 email nimbin@fsn.org.au or just drop in. A free craft activity and morning tea are provided, to share with your child 0-5 years.

Start Together Groups

Support for parents from pregnancy to child aged 3 years, helping them achieve their developmental milestones.

Share your experiences of parenthood while playing with a range of educational activities.

Babies Group for parents, from pregnancy to children 3 years of age. Free morning/afternoon tea provided.

Lismore Thursdays During School Term

1pm to 3pm at 41 Wilson Street, South Lismore
Parents with their children, ages 0-3 years.

Nimbin Wednesday 9.30 am to 11.30 am during school term at 81 Cullen Street, Nimbin
For families with children aged 0-3 years.

South Lismore Playgroups with Karen & Michelle

Free to attend

41 Wilson Street 10 am to 12 noon

Wednesday and Fridays during school terms.

Phone 6621 2489 to find out more information or just drop in. A free craft activity and morning tea are provided, to share with your child. All families with children under school age are welcome to join us.



Family Support Network inc
30 Wyrallah Rd Lismore NSW 2480 02 66212489

Parenting Groups FREE to attend

Circle of Security with Kelly & Helen

Circle of Security teaches new ways to understand children's needs and behaviours. Secure children have greater self-esteem, increased empathy, enhanced school readiness, better relationships, more emotional intelligence.

Tuesdays from July 20th to September 7th.

8 Week Program, 10am to 12.30 pm.

Held at 41 Wilson Street, South Lismore.

Morning tea included. RSVP to 6621 2489.

Engaging Adolescents with Gudrun & Courtney

How to have those 'tough conversations' with your teenager while deepening and strengthening your relationship. Gain a renewed sense of confidence about the role you can play in your teenagers' lives, without conversations morphing into arguments.

Mondays July 26th to August 9th, 2021.

Times: 10am to 12.30pm.

Where: Family Support Network 41 Wilson Street, South Lismore. Bookings 02 66212489.

Thoughtful Parenting with Gudrun & Sharon

A single session for parents, topics including:

- What is parenting about today?
- How do you tune into your child?
- Balancing expectations with your child's needs.
- Your child's brain development and more.

Monday July 19th.

10 am to 12.30 pm.

At 41 Wilson Street,

South Lismore.

Bookings please phone

02 66212489.



Auguste Rodin:
The Thinker *Le Penseur*