

What's on in Term 4, 2020 at Family Support Network

DUE TO COVID, REGISTRATION FOR PLAYGROUP IS MANDATORY AND NUMBERS ARE LIMITED.

South Lismore Playgroups with Karen
Free to attend

(41 Wilson Street) 10.00am to 12 noon
Wednesday and Fridays during school terms
Phone 6621 2489 to find out more information or to register your attendance. A free morning tea for children and craft activity are provided, to share with your child. All families with children under school age are welcome to join us.

DUE TO COVID, REGISTRATION FOR PLAYGROUP IS MANDATORY AND NUMBERS ARE LIMITED.

Nimbin Playgroups with Kelly
Free to attend

(Building E, Lilly Pilly Place, 81 Cullen Street car park in Sibley St)
Fridays 10.00am to 12 noon during school term.
Phone 66212489 to register your attendance. A free morning tea for children and craft activity to share with your child are provided.

Start Together Groups

Support for parents from pregnancy, up to children 3 years of age helping them achieve their developmental milestones.
Share your experiences of parenthood while playing with a range of educational activities.

Babies Group for parents, from pregnancy to children 3 years of age, healthy morning tea for babies provided. Thursday 1-3pm

Lismore Thursdays During School Term. Thursdays 1pm to 3pm at 41 Wilson Street, South Lismore
Ages pregnancy – 3 years

Nimbin Tuesdays During School Term
10am to 12 noon at 81 Cullen Street, Nimbin
Ages 0-5 years

Parenting Groups FREE to attend.
Due to COVID, numbers are limited and morning tea is not available.

Circle of Security with Kelly

Circle of Security teaches new ways to understand children's needs and behaviours. Secure children have greater self-esteem, increased empathy, enhanced school readiness, better relationships, more emotional intelligence.

Thursdays from 15th October to 3rd December
10am to 12.30 pm, 8 Week Program.

Held at 41 Wilson Street, South Lismore. RSVP to 6621 2489.

Engaging Adolescents with Gudrun

How to have those 'tough conversations' with your teenager while deepening and strengthening your relationship. For parents & carers of teens.

Monday 23rd November to 7th December
3 Week Program 10am to 12.30 pm

Held at 41 Wilson Street, South Lismore. RSVP to 6621 2489.

Triple P with Gudrun

Triple P can help you:

- Build a positive relationship with your child.
- Help your child develop to their full potential.
- Use discipline strategies that work.
- Take care of yourself as a parent.

This group is recommended for parents & carers of children aged 2 to 12 years.

Mondays from 19th October to 16 November
5 Week Program 10am to 12.30pm

Held at 41 Wilson Street, South Lismore. RSVP to 6621 2489.

123 Magic with Courtney and Sharon

123 Magic & Emotion Coaching introduces parents to the emotional development of their children and provides strategies to strengthen relationships and make parenting as enjoyable as possible.

Thursdays 3rd to 17th of November
10am to 12.30 pm

3 Week Program

Held at 41 Wilson Street, South Lismore. RSVP to 6621 2489.