



THE NURTURED HEART APPROACH FREE 6 DAY COURSE

The Nurtured Heart Approach® (NHA) is a set of relationship-focused methodologies founded strategically in “The 3 Stands”. It has become a powerful way of awakening the inherent greatness in all children while facilitating parenting and classroom success. Originally developed for working with the most difficult children, NHA has a proven impact on every child, including those who are challenged behaviourally, socially and academically. The Approach builds Inner Wealth® and thereby equips any child to handle difficulties with security and self-confidence helping them to make better choices.

[Registration for the course is essential as spaces are limited.](#)

Register by calling Family Support Network on: 6621 2489

Cost: FREE with morning tea provided

Dates: FRIDAYS 11 MAY TO 15 JUNE (6 SESSIONS)

Time: 10am to 1pm

Venue: FAMILY SUPPORT NETWORK

30 WYRALLAH ROAD, EAST LISMORE

Presented by: Gordon King, a certified Nurtured Heart Approach trainer.

TOPICS COVERED:

- ♥ *Building Inner Wealth®*
- ♥ *The 3 Stands*

Stand 1. ABSOLUTELY NO!
I refuse to reward negativity with my energy, connection or relationship.

- ♥ *Upside down energy*
- ♥ *Taking a new perspective*

Stand 2. ABSOLUTELY YES!
I relentlessly create and energise positivity and success

- ♥ *New ways of being positive*
- ♥ *Baby steps to success*
- ♥ *The four Recognitions*

Stand 3. ABSOLUTELY CLEAR!
I set and enforce clear limits and consequences in an unenergised way.

- ♥ *The art of resetting*

Gordon has lived on the Northern Rivers for 30 years has 5 adult children and 6 grandchildren. He has worked as a Family Worker for 3 years after completing a Social Science degree and Advanced Diploma in Community Services. Gordon is also trained in the Virtues Project and is a Bringing Up Great Kids presenter.



Family Support Network inc.