

What's on in Term 4, 2018 at Family Support Network

Family Support Network inc

30 Wyrallah Road, East Lismore NSW 2480

Ph 6621 2489

Fax 6621 5208

admin@fsn.org.au

www.fsn.org.au

Open 9am to 4pm Monday to Friday

South Lismore Family Centre

(41 Wilson Street) Wednesday and Fridays
Phone 6621 2489 to find out more information or
email admin@fsn.org.au or just drop in.

A free morning tea and craft activity to share with
your child are provided.

Playgroup With Karen

Wednesday and Friday During School Term.

10am to 12pm. For parents and carers and their
children under school age.

Nimbin Family Centre (Building E, Lilly Pilly
Place, 81 Cullen St—car park in Sibley St)
Phone 6689 0423 email nimbin@fsn.org.au or just
drop in. A free morning tea and craft activity to share
with your child are provided.

Playgroup with Sharron

Friday During school term 10am to 12noon

Start Together Group

Support for parents of children up to 3 years old to
help them achieve their developmental milestones.
Our team can meet you at home or other locations in
the Richmond Valley, Kyogle and Lismore areas.
Share your experiences of parenthood while playing
with a range of educational activities.

Young Parents Group for all carers from
pregnancy through to babies 3 years of age.

Lismore Thursdays During School Term
1pm to 3pm at 41 Wilson Street, South Lismore
Ages 0– 3 years

Nimbin Tuesdays During School Term
10am to 12noon at 81 Cullen Street, Nimbin
Ages 0-3 years

Start Together Story Time – Kyogle

A group which helps to develop early literacy skills in
children up to 3 years of age.

Come along for songs, rhymes and stories at Kyogle
Library, Stratheden St, Kyogle. Free to attend.
Fridays from 10 am till 11 am during school term.

Parenting Groups

Triple P with Gudrun

Tuesdays October 30th, November 6th, 13th, 20th,
27th 10am to 12.30pm.

Triple P can help you:

- Build a positive relationship with your child.
- Help your child develop to their full potential.
- Use discipline strategies that work.
- Take care of yourself as a parent.

This group is recommended for parents & carers of
children aged 2 to 12 years.

Held at 41 Wilson Street, South Lismore. Morning tea
included. RSVP to 6621 2489.

Tuning into Kids with Courtney

Thursdays November 1st, 8th, 15th, 22nd, 29th,
December 6th 10am to 12.30pm.

Tuning In To Kids gives you helpful ways of teaching
your child the skills of emotional intelligence.

With these skills, you can help your children learn to
understand and regulate their emotions.

Children with good emotional intelligence often have
better emotional & social skills, as well as fewer
behavioural difficulties.

Held at 41 Wilson Street, South Lismore. Morning tea
included. RSVP to 6621 2489.

Dad's Stuff with Greg

Dad's stuff is a men's parenting program designed for
anyone in a fathering role. Dads, Uncles, Pops and
Carers are welcome to attend this four week
program.

We are taking expressions of interest, please call
6212489 to advise of preferred date and time.

123 Magic with Gudrun

Friday Nov. 2nd, 9th, 16th, 23rd 10am to 12.30pm.
123 Magic & Emotion Coaching introduces parents to
the emotional development of their children and
provides strategies to strengthen relationships and
make parenting as enjoyable as possible.

This group is recommended for parents & carers of
children aged 2 to 12 years.

Held at 30 Wyrallah Rd East Lismore. Morning tea
included. RSVP to 6621 2489.