



What's on in Term 3, 2017 at Family Support Network



143 Laurel Avenue Lismore NSW
(parking at rear in Shepherd Lane)
Ph 6621 2489 Fax 6621 5208

Email: admin@fsn.org.au

Web site: www.fsn.org.au

Open 9am to 4pm Monday to Friday
except Wednesday - open 9am to 1:30pm.
All our programs are free of charge.

South Lismore Family Centre
(41 Wilson Street) Wednesday and Fridays
Phone 6621 2489 to find out more information or
email admin@fsn.org.au or just drop in.

A free morning tea and craft activity to share with
your child are provided.

Playgroups with Karen

Wednesday and Friday from 19 July to 6 October.
10am to 12pm. For parents and carers and their
children under school age.

Nimbin Family Centre (Building E, Lilly Pilly
Place, 81 Cullen St—car park in Sibley St)
Tuesday and Fridays
Phone 6689 0423 email nimbin@fsn.org.au or just
drop in. A free morning tea and craft activity to share
with your child are provided.

Playgroups with Rachel

Tuesday and Friday from 18 July to 6 October.
10am to 1:30pm. For parents and carers and their
children under school age.

Start Together Program

Support for parents of children up to 3 years old to
help them achieve their developmental milestones.
Our team can meet you at home or other locations in
the Richmond Valley, Kyogle and Lismore areas.
Each visit, we explore a new area of child
development, meeting milestones and learning
through play. Share your experiences of parenthood
while playing with a range of educational activities.

Start Together Babies Group for all carers from
pregnancy through to babies 12 months of age.

Lismore Tuesdays from 18 July to 3rd October.
1pm to 3pm at Family Support Network, 143 Laurel
Avenue. (Free parking at rear in Shepherd Lane).

Triple P parenting group with Gudrun

Triple P stands for Positive Parenting Program.
Learn our easy to implement, proven parenting
solutions. Help solve current parenting problems and
prevent future problems before they arise -
by understanding what works for each child.
For parents/carers of children 2-12 years.

At 143 Laurel Avenue, Lismore.
Thursday 3 August to 31 August 10.00am—12.30pm
Morning tea will be provided.
Phone 6621 2489 to book your place.

Tuning in to Kids with Hannah

Tuning In To Kids aims to give you helpful ways of
teaching your child the skills of emotional
intelligence. With these skills, you can help your
children learn to understand and regulate their
emotions.

*Children with good emotional intelligence often have
better emotional & social skills, as well as fewer
behavioural difficulties.*

Fridays 4 August to 8 September
10 am - 12:30 pm at Family Support Network,
143 Laurel Avenue, parking in Shepherd Lane.
A free morning tea is provided.
Booking Essential—6621 2489.

Dad's Stuff with Greg

Dad's stuff is a men's parenting group designed for
anyone taking on the fathering role. Dads, Uncles,
Pops and Carers are welcome to attend this four
week program specially designed to help men be the
best dad they can be.

Dads Stuff begins Monday 17th July and continues
for four weekly sessions, ending on August 7.

Mondays 5.00pm—7.30pm

Light supper is provided.

Call Greg on 66212489 for more information.

Location: 143 Laurel Avenue, Lismore (Parking
available in Shepherd Lane)
Bookings essential - 6621 2489.

Circle of Security with Darmin

Circle of Security teaches new ways to understand
children's needs and behaviours. Parents will learn to
respond to those needs and behaviours in positive
and emotionally strengthening ways.

*Secure children have greater self-esteem, increased
empathy, enhanced school readiness, better
relationships, more emotional intelligence.*

Wednesday 2 August to 20 September - 8 Sessions.
10 am - 12:30 pm at Family Support Network,
143 Laurel Avenue, parking in Shepherd Lane.
A free morning tea is provided.