

What's on in Term 2, 2018 at Family Support Network

South Lismore Family Centre

(41 Wilson Street) Wednesday and Fridays
Phone 6621 2489 to find out more information or email admin@fsn.org.au or just drop in.
A free morning tea and craft activity to share with your child are provided.

Playgroup With Sasha

Wednesday and Friday During School Term.
10am to 12pm. For parents and carers and their children under school age.

Nimbin Family Centre (Building E, Lilly Pilly Place, 81 Cullen St—car park in Sibley St)
Phone 6689 0423 email nimbin@fsn.org.au or just drop in. A free morning tea and craft activity to share with your child are provided.

Playgroup with Karen

Friday During school term 10am to 12noon

Start Together Program

Support for parents of children up to 3 years old to help them achieve their developmental milestones. Our team can meet you at home or other locations in the Richmond Valley, Kyogle and Lismore areas. Each visit, we explore a new area of child development, meeting milestones and learning through play. Share your experiences of parenthood while playing with a range of educational activities.

Start Together Babies Group for all carers from pregnancy through to babies 18 months of age.

Lismore Thursdays During School Term
1pm to 3pm at 41 Wilson Street, South Lismore
Ages 0-18months

Nimbin Tuesdays During School Term
10am to 12noon at 81 Cullen Street, Nimbin
Ages 0-3years

Start Together Story Time – Kyogle with Sarah

A group which helps to develop early literacy skills in children aged under 3 years.

Come along for songs, rhymes and stories at Kyogle Library (Stratheden St, Kyogle).
Fridays from 10 am till 11 am during school term.
Free to attend.

Family Support Network Inc
www.fsn.org.au admin@fsn.org.au
30 Wyrallah Road, East Lismore NSW



Parenting Groups

Triple P with Gudrun

Tuesdays May 8th, 15th, 22nd & 29th June 5th 2018. 10am to 12.30pm.

Triple P can help you:

- Build a positive relationship with your child.
- Help your child develop to their full potential.
- Use discipline strategies that work.
- Take care of yourself as a parent.

This group is recommended for parents & carers of children aged 2 to 12 years.
Held at 41 Wilson Street, South Lismore. Morning tea included. RSVP to 6621 2489.

My Story as a Parent with Gudrun

Thursdays May 10th, 17th, 24th, 31st 2018.
10am to 12.30pm.

Reflect on what shaped you as a parenting during your own childhood and how you can change your parenting today.

Held at 41 Wilson Street, South Lismore. Morning tea included. RSVP to 6621 2489.

Dad's Stuff with Greg

Tuesdays 15th May 22nd & 29th June 5th 2018
1.30pm to 4pm

Dad's stuff is a men's parenting program designed for anyone in a fathering role. Dads, Uncles, Pops and Carers are welcome to attend this four week program designed to help men be the best dad they can be.

This program explores what it is to be a dad today, how we communicate, what drives behaviour, child development, dealing with change, parenting styles, strong emotions and "Dad Maintenance".

Held at 41 Wilson Street, South Lismore. Afternoon tea included. RSVP to 6621 2489.

Nurtured Heart Approach with Gordon

Fridays May 11th, 18th, 25th, June 1st, 8th, 15th
10am to 1pm

The Nurtured Heart Approach is more than a parenting behaviour management strategy. It is a relational method which awakens greatness and inspires successful behaviour in children, including those who are challenged behaviourally, socially and academically, while facilitating parenting success.
Held at 30 Wyrallah Road, East Lismore. Morning tea included. RSVP to 6621 2489.