



What's on in Term 2, 2017 at Family Support Network



143 Laurel Avenue Lismore NSW

(parking at rear in Shepherd Lane)

Ph 6621 2489 Fax 6621 5208

Email: admin@fsn.org.au

Web site: www.fsn.org.au

Open 9am to 4pm Monday to Friday

except Wednesday - open 9am to 1:30pm.

All our programs are free of charge.

South Lismore Family Centre

(41 Wilson Street) Wednesday and Fridays
Phone 6621 2489 to find out more information or
email admin@fsn.org.au or just drop in.

A free morning tea and craft activity to share with
your child are provided.

Playgroups with Karen

Wednesday and Friday from 26 April to 30 June.
10am to 12pm. For parents and carers and their
children under school age.

Nimbin Family Centre (Building E, Lilly Pilly
Place, 81 Cullen St—car park in Sibley St)

Tuesday and Fridays

Phone 6689 0423 email nimbin@fsn.org.au or just
drop in. A free morning tea and craft activity to share
with your child are provided.

Playgroups with Rachel

Tuesday and Friday from 28 April to 30 June.
10am to 1:30pm. For parents and carers and their
children under school age.

Start Together Program

Support for parents of children up to 3 years old to
help them achieve their developmental milestones.
Our team can meet you at home or other locations in
the Richmond Valley, Kyogle and Lismore areas.
Each visit, we explore a new area of child
development, meeting milestones and learning
through play. Share your experiences of parenthood
while playing with a range of educational activities.

Start Together Babies Group for all carers from
pregnancy through to babies 12 months of age.

Lismore Tuesdays from 2 May to 30 June.
1pm to 3pm at Family Support Network, 143 Laurel
Avenue. (Free parking at rear in Shepherd Lane).

Stepping Stones Triple P Seminars with Gudrun

Thursday 8 June to 22 June.
10 am - 12:30 pm at Family Support Network,
143 Laurel Avenue, parking in Shepherd Lane.
**For parents & carers of a child diagnosed with a
developmental delay / disability, aged 2-12 years.**
A free morning tea is provided.
Booking Essential—66212489.

Babies— Bringing Up Great Kids with Hannah

For parents with children aged under 12 months –
babies and parents welcome!

Created by the Australian Childhood Foundation,
Bringing up Great Kids is a six week parenting
program that encourages parents to learn more about
why they parent the way they do and whether there is
anything they would like to change about their
parenting. Bringing up Great Kids also supports
parents to learn more about how their child/ren's brain
is developing, mindful parenting strategies, as well as
what are the key messages you as parents, want to
pass on to your children.

Dates: Mondays 8 May – 5 June

Final session to be held on Monday 19 June at a local
park to celebrate!

Time: 10.30 am – 12.30pm

Location: 143 Laurel Avenue, Lismore (Parking
available in Shepherd Lane)

A free morning tea is provided

Bookings essential, please phone 02 6621 2489

Dad's Stuff with Greg

Dad's stuff is a men's parenting program designed for
anyone taking on the fathering role. Dads, Uncles,
Pops and Carers are welcome to attend this four
week program specially designed to help men be the
best dad they can be.

This program explores what it is to be a dad today,
how we communicate, what drives behaviour, child
development, dealing with change, parenting styles,
strong emotions and "Dad Maintenance".

Dads Stuff begins in the week commencing Monday
22 May and continues for four weekly sessions.

Free morning or afternoon tea or supper is provided,
depending on the session time.

Call Greg on 66212489 for more information and to
advise him of your preferred session time.

Location: 143 Laurel Avenue, Lismore (Parking
available in Shepherd Lane)
Bookings essential - 02 6621 2489.