

Other services who may also assist you

**Child Protection Helpline** 132 111

### Koori Services

Rekindling The Spirit 25 Uralba St 6622 5534  
Helping Hands Housing Support 6621 7397

### Crisis / Counselling

Parent Line ([parentline.com.au](http://parentline.com.au)) 1300 1300 52  
Kids Help Line ([kidshelp.com.au](http://kidshelp.com.au)) 1800 55 1800  
Mensline (24/7 [mensline.org.au](http://mensline.org.au)) 1300 78 99 78  
Lifeline - emergency counselling by phone 13 11 14  
Lifeline - Face to Face counseling 6622 4133  
Interrelate - Relationship help 6623 2750  
Child & Family Health - Children 6625 0111  
Community Mental Health 24/7 1300 369 968

### Budgeting advice, small loans, material aid

Lismore Neighbourhood Centre 6621 7397

### Legal Advice

Community Legal Cent. 16 Carrington St 6621 1000  
Legal Aid Commission 29 Molesworth St 6621 2082  
Family Law Court 29 Molesworth St 1300 352 000

### Material Aid

Anglican Church 19 Keen Street 6621 3200  
Salvation Army 18 Carrington St 6622 0181  
St Vincent De Paul 84 Magellan St 6621 5959

**Housing NSW** 4 Zadoc St 6623 2424

### Domestic Violence Services

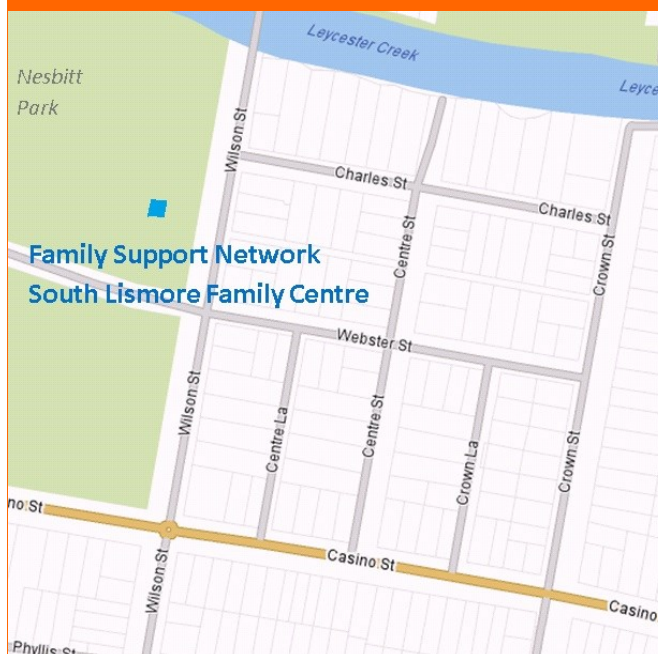
Lismore Women & Children Refuge 6621 2685  
Women Up North 40 Wyrallah Rd 6621 7730  
Court Support 9 Zadoc St. Tuesdays 6621 1044

**Men and Family Centre** 1 Club Lane 6622 6116

Family Support Network  
PO Box 236  
143 Laurel Avenue  
Lismore NSW 2480  
Tel: 02 6621 2489 Fax: 02 6621 5208  
Email: [karen@fsn.org.au](mailto:karen@fsn.org.au)  
Web site: [www.fsn.org.au](http://www.fsn.org.au)



South Lismore Family Centre, 41 Wilson Street.



Family Support Network Inc.

# SOUTH LISMORE FAMILY CENTRE

*Funded by Family & Community Services*



*Inspiring communities,  
families and children  
to connect, move and grow.*

## FAMILY SUPPORT NETWORK INC.

Family Support Network is a community based non-government organisation. We deliver quality, innovative programs to families with young children in the local Lismore area.

## WHAT IS THE SOUTH LISMORE FAMILY CENTRE?

The Southside community now has a new and improved **free** support centre available for families with children 0-12 years.

The South Lismore Family Centre recognises the individual needs of children and their parents/caregivers at different times in their lives and we are a free, open and non-judgmental service for families in the local community.

The Family Centre is an informal, safe, child friendly space facilitated by our qualified Child and Family Development Officer and we are always happy to welcome new faces!

## WHERE ARE WE?

**41 Wilson Street South Lismore**

*(Next to South Lismore Bowling Club-see map over)*



## ABOUT OUR ACTIVITIES

Safe toys and plenty of art supplies set the themes and allow for an abundance of planned and spontaneous age appropriate activities and interactions. A healthy morning tea is supplied. We welcome families to join us in the following activities:

### Wednesday Playgroup

When: Wednesdays during school term  
10am to 12pm.

Who: for parents with kids under school age.

### Friday Playgroup

When: Fridays during school term  
10am to 12pm

Who: for parents with kids under school age.

Families can speak to us about extra family support and services available through FSN and other organisations. The playgroup facilitator can also support families to access these other services if necessary, or just be available to listen and offer resources and information.



## WHO CAN USE OUR SERVICES?

The Southside Family Centre welcomes all families with children under 12 yrs, especially those that are new to the South Lismore area or who may be feeling vulnerable, isolated or needing some extra support in their parenting role. Services and support available for:

- Young parents
- Aboriginal and Torres Strait Islander families
- Families with disabilities
- Families feeling socially isolated
- Families from a diverse cultural background

## ACCESSING THE SERVICES

Any family member can contact us by phoning 6621 2489 or by dropping in. Another service can contact us on your behalf or you can self refer. All services are free of charge to families. You are welcome to attend our playgroups, browse the resource and brochure library, have a chat with the Family Centre staff, attend special parenting events and information sessions.

## FOR MORE INFORMATION

Please phone the **main office on 6621 2489** or see our website [www.fsn.org.au](http://www.fsn.org.au). To view our full Privacy Policy, visit <http://www.fsn.org.au/About-Us/privacy.html>