

Other services who may also assist you

Child Protection Helpline 132 111

Food Parcels, Help with Bills & Unpaid Fines

Nimbin Neighbourhood Centre 71 Cullen 6689 1453

Crisis / Counselling

Parent Line (parentline.com.au) 1300 1300 52
Homeless Link2Home 1800 152 152
Kids Help Line (kidshelp.com.au) 1800 55 1800
Mensline (24/7 mensline.org.au) 1300 78 99 78
Lifeline - emergency counselling by phone 13 11 14
Lifeline - Face to Face counseling 6622 4133
Interrelate - Relationship help 6623 2750
Child & Family Health - Children 6625 0111
Community Mental Health 24/7 1300 369 968

Koori Services

Rekindling The Spirit 25 Uralba St 6622 5534
Helping Hands Housing Support 6621 7397

Legal Advice

Community Legal Cent. 16 Carrington St 6621 1000
Legal Aid Commission 29 Molesworth St 6621 2082
Family Law Court 29 Molesworth St 1300 352 000

Material Aid

Anglican Church 19 Keen Street 6621 3200
Salvation Army 18 Carrington St 6622 0181
St Vincent De Paul 84 Magellan St 6621 5959

Domestic Violence Services

Lismore Women & Children Refuge 6621 2685
Women Up North 40 Wyrallah Rd 6621 7730
Court Support 9 Zadoc St. Tuesdays 6621 1044

Men and Family Centre 1 Club Lane 6622 6116

Nimbin Family Centre
Building E, 81 Cullen Street
Nimbin NSW 2480

Ph/Fax 02 6689 0423

**Open: Tuesdays & Fridays during
school terms 10am-12noon**

Email: nimbin@fsn.org.au



HEAD OFFICE:
Family Support Network
30 Wyrallah Road
East Lismore NSW 2480
Ph: 02 6621 2489
Fax: 02 6621 5208
Web site: www.fsn.org.au



Family Support Network Inc.

NIMBIN FAMILY CENTRE

Funded by Family & Community Services



*Inspiring communities,
families and children
to connect, move and grow.*

What Do We Provide?

The **Nimbin Family Centre** is aware of the individual needs of children and their parents/carers at different times in their lives. We are a free, open and non-judgmental service, offering:

- A **child friendly** environment with caring staff in a **safe** and **clean** meeting place. Morning tea is provided.

- **Weekly playgroups:**

Start Together Babies Group for parents & babies up to 12 months of age. **Tuesdays** 10am-12 noon in school term. These sessions focus on early childhood development & literacy.

Fridays Playgroup 10am-12noon during school term. For parents with their children up to school age.

- **Guest speakers** from a variety of different services with lots of interesting information on kids and families as directed by participants.
- **Professional family support** and helpful information on parenting.
- Group programs promoting **pleasurable parenting**, contact us for dates / times.

- Referral and **Advocacy**.
- **Links** to other services such as childcare, housing, legal service, family and child services and Start Together Program.

Who Can Use Our Services?

Families, friends and carers with children under 5 years living in Nimbin and the surrounding area.

Everyone is welcome including:

- Young parents
- Aboriginal and Torres Strait Islander families
- Parents with disabilities
- Families living in isolated areas
- Families from diverse cultural background

Opening Hours

Tuesdays & Fridays 10 am to 12 noon, during school term.

Accessing the Services

Drop in or phone 6689 0423.

You are welcome to attend our playgroups, chat with the Family Centre staff or drop in to play, feed baby or use the bathroom.

Where Are We?

Building E, Lilly Pilly Place, 81 Cullen Street, (car park in Sibley St), Nimbin.



Family Support Network encourages family diversity and welcomes all parents and carers to access our services. Our Lismore, South Lismore and Nimbin centres are all proudly ACON Safe Place approved.

<http://www.acon.org.au/safeplace>