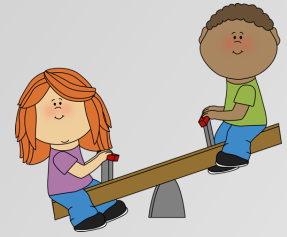


# Family Support Network Lismore

invites you to attend a  
free 4 week group :



## *My story as a parent*

Based on material by the Australian Childhood Foundation

**Reflect on what shaped you as a parent during  
your own childhood and how you can change  
your parenting today !**

This small group will be run in a safe , supportive and confidential  
environment



Dates: Thursdays 19 October to 9 November

Times: 10am to 12.30 pm.

Where : Family Support Network  
143 Laurel Avenue Lismore.

Light morning tea will be provided.

Parking available at the back of our premises.

Limited spaces , to book a place please call FSN on 66212489.