

## Other services who may also assist you

Child Protection Helpline 132 111

### Koori Services

Rekindling The Spirit 25 Uralba St 6622 5534  
Helping Hands Housing Support 6621 7397

### Crisis / Counselling

Parent Line ([parentline.com.au](http://parentline.com.au)) 1300 1300 52  
Homeless Link2Home 1800 152 152  
Kids Help Line ([kidshelp.com.au](http://kidshelp.com.au)) 1800 55 1800  
Mensline (24/7 [mensline.org.au](http://mensline.org.au)) 1300 78 99 78  
Lifeline - emergency counselling by phone 13 11 14  
Lifeline - Face to Face counselling 6622 4133  
Interrelate - Relationship help 6623 2750  
Child & Family Health - Children 6625 0111  
Community Mental Health 24/7 1300 369 968

### Budgeting advice, small loans, material aid

Northern Rivers Community Gateway 6621 7397

### Legal Advice

Community Legal Cent. 16 Carrington St 6621 1000  
Legal Aid Commission 29 Molesworth St 6621 2082  
Family Law Court 29 Molesworth St 1300 352 000

### Material Aid

Anglican Church 19 Keen Street 6621 3200  
Salvation Army 18 Carrington St 6622 0181  
St Vincent De Paul 84 Magellan St 6621 5959

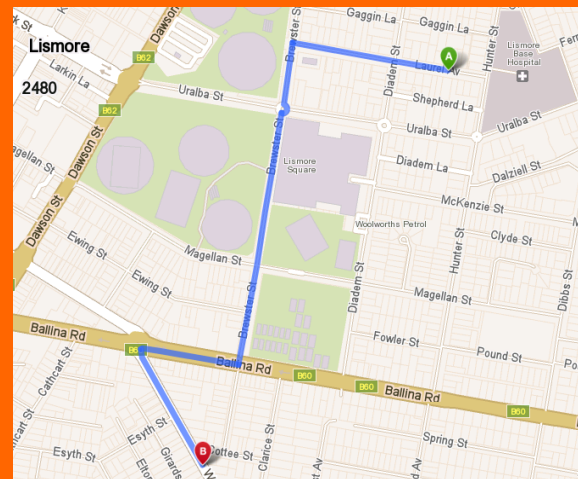
### Domestic Violence Services

Lismore Women & Children Refuge 6621 2685  
Women Up North 40 Wyrallah Rd 6621 7730  
Court Support 9 Zadoc St. Tuesdays 6621 1044

Men and Family Centre 1 Club Lane 6622 6116

**Family Support Network**  
30 Wyrallah Road, East Lismore  
PO Box 236, Lismore NSW 2480

**Tel:** 02 6621 2489  
**Fax:** 02 6621 5208  
**Email:** [admin@fsn.org.au](mailto:admin@fsn.org.au)  
**Web site:** [www.fsn.org.au](http://www.fsn.org.au)



Family Support Network Inc.

# CHILD YOUTH & FAMILY SUPPORT PROGRAM

*Funded by Family & Community Services*



*Inspiring communities,  
families and children  
to connect, move and grow.*

## Family Support Network Inc.

Family Support Network is a community based, non-government organisation. We deliver quality, innovative programs to families with young people and children in the local Lismore area. All services are free.

## What is the Child Youth & Family Program?

Family workers in the Child Youth & Family Program recognise that parenting can be a tough job. Family workers offer practical and emotional support to assist families through the tough times and to increase their capacity to meet future challenges. Family workers work in partnership with the family to get the support the family need, to strengthen family relationships and to increase the safety and wellbeing of children.



## Who Do We Assist?

Family workers value diversity and welcome people from all cultures and backgrounds. Our services are available to all families in the Lismore area with children 0-17 years of age. We welcome all parents and carers to access our services.

Our Lismore, South Lismore and Nimbin centres are all proudly ACON Safe Place approved.



<http://www.acon.org.au/safeplace>

## Why Do Families Come to the Child Youth & Family Program?

Families come to the Program for many reasons and may include:

- Parenting support
- Family relationships
- Family crisis
- Isolation
- Health
- Disability
- Housing

## What do we offer?

- Confidential individual and family sessions with an experienced Family Worker.
- Share ideas and skills about child behavior and child development.
- Assistance with parenting and family routines.
- Skills to improve family communication and reduce stress
- Information, referral and practical assistance to link families with other services, support groups and community resources.
- Parenting Programs and Resources.
- Skill Development Groups.

## Accessing the Service

- Any member of a family can contact us when they are concerned about how their family is managing. Intakes are processed between 10am and 12pm daily.
- Another service or agency could contact us on your behalf.
- Initially you will speak with an Intake Worker who will assess if our service is able to support your family's needs. If not we will link you to a service that can assist.
- If our service is able to assist your family a Family Worker will contact you within 2 weeks to organise an assessment appointment.
- The Family Worker will then work with you and your family to develop goals for how the family would like things to be. The worker will assist your family to achieve those goals.
- The Family Worker can meet with you individually or with your family in your home or at our premises, or other agreed locations.

## For More Information

phone **6621 2489** or go to [www.fsn.org.au](http://www.fsn.org.au)  
**Open Hours** Mon-Fri 9am to 4pm except Weds, when we are open 9am to 1:30pm.  
To view our full Privacy Policy, visit <http://www.fsn.org.au/about-us/37-privacy.html>