

Other services who may also assist you

Child Protection Helpline 132 111

Koori Services

Rekindling The Spirit 25 Uralba St 6622 5534
Helping Hands Housing Support 6621 7397

Crisis / Counselling

Parent Line (parentline.com.au) 1300 1300 52
Kids Help Line (kidshelp.com.au) 1800 55 1800
Mensline (24/7 mensline.org.au) 1300 78 99 78
Lifeline - *emergency counselling by phone* 13 11 14
Lifeline - *Face to Face counselling* 6622 4133
Interrelate - *Relationship help* 6623 2750
Child & Family Health - *Children* 6625 0111
Community Mental Health 24/7 1300 369 968

Budgeting advice, small loans, material aid

Lismore Neighbourhood Centre 6621 7397

Legal Advice

Community Legal Cent. 16 Carrington St 6621 1000
Legal Aid Commission 29 Molesworth St 6621 2082
Family Law Court 29 Molesworth St 1300 352 000

Material Aid

Anglican Church 19 Keen Street 6621 3200
Salvation Army 18 Carrington St 6622 0181
St Vincent De Paul 84 Magellan St 6621 5959

Housing NSW 29 Molesworth St 6623 2424

Domestic Violence Services

Lismore Women & Children Refuge 6621 2685
Women Up North 40 Wyrallah Rd 6621 7730
Court Support 9 Zadoc St. Tuesdays 6621 1044

Men and Family Centre 1 Club Lane 6622 6116

Nimbin Family Centre
Building E, 81 Cullen Street
Nimbin NSW 2480

Ph/Fax 02 6689 0423

Open: Tuesdays & Fridays during
school terms 10am-1:30pm

Email: nimbin@fsn.org.au



HEAD OFFICE:
Family Support Network
143 Laurel Avenue
Lismore NSW 2480
Ph: 02 6621 2489
Fax: 02 6621 5208
Web site: www.fsn.org.au



Family Support Network Inc.

NIMBIN FAMILY CENTRE

Funded by Family & Community Services



*Inspiring communities,
families and children
to connect, move and grow.*

What Do We Provide?

The **Nimbin Family Centre** is aware of the individual needs of children and their parents/carers at different times in their lives. We are a free, open and non-judgmental service, offering:

- A **child friendly** environment with caring staff in a **safe** and **clean** meeting place. Morning tea is provided.
- **Weekly playgroups:**
Tuesdays 10am-1:30pm during school terms.
Fridays 10am-1:30pm during school terms.
- **Guest speakers** from a variety of different services with lots of interesting information on kids and families as directed by participants.
- **Professional family support** and helpful information on parenting.

- Participatory parenting programs promoting **pleasurable parenting**, during School Terms.
- Video/DVD **resources** that can be viewed at the centre.
- Referral and **Advocacy**.
- **Links** to other services such as childcare, housing, legal service, family and child services and Volunteer Home Visiting Program.

Who Can Use Our Services?

Families, friends and carers with children under 5 years living in Nimbin and the surrounding area.

Everyone is welcome including:

- Young parents
- Aboriginal and Torres Strait Islander families
- Parents with disabilities
- Families living in isolated areas
- Families from diverse cultural background

Opening Hours

Tuesdays & Fridays 10 am to 1:30pm, during school term.

Accessing the Services

Drop in or phone 6689 0423. You are welcome to attend our playgroups, use the Toy Library, chat with the Family Centre staff or drop in to play, feed baby or use the bathroom.

Where Are We?

Building E, 81 Cullen Street, Nimbin



Our Privacy Policy is available at <http://www.fsn.org.au/About-Us/privacy.html>